

How To Pray The Rosary

A sign of the cross on the Crucifix,
Then the "Apostles' Creed"
An "Our Father" on the first large bead;
A "Hail Mary" on each of the three small beads with the following intentions:
(the theological virtues):
For the increase of faith
For the increase of hope
For the increase of charity
A "Glory Be to the Father";
Announce the mystery
An "Our Father" on the large bead
A "Hail Mary" on each of the adjacent ten small beads;
A "Glory Be to the Father"

After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy." Amen.
- Repeat as above for each of the following decades.

In conclusion of the Rosary, "Hail Holy Queen" and a sign of the cross.

As suggested by the Pope John Paul II:

Joyful mysteries are said on Monday and Saturday,
Luminous on Thursday,
Sorrowful on Tuesday and Friday,
Glorious on Wednesday and Sunday

With this exception:

Advent: The Joyful Mysteries
Lent to Palm Sunday: The Sorrowful Mysteries
Ordinary Time, Easter to Sunday before Advent: The Glorious Mysteries

The Luminous Mysteries

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

Traditional Order:

Joyful mysteries are said on Monday and Thursday,
Sorrowful on Tuesday and Friday,
Glorious on Wednesday, Saturday & Sunday

For those who wish to say all 20 decades at once during the course of a day, they may be said in the following order: Joyful, Luminous, Sorrowful and Glorious.